



4 Sawmill Road | Medford, New Jersey 08055

Woodford cedar run wildlife refuge

## Hoot, Waddle, and Stroll 5K Trail Run and 1/2-Mile Stroll

(Please use a separate form if registering more than one person)

### **Contact Info:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ MI: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

ZIP Code: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_

### **Personal Info:**

Age on race day: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Male or Female: \_\_\_\_\_

T- Shirt Size\* (S/M/L/XL/2XL): \_\_\_\_\_ (Adult shirt sizes only)

### **Entry Fees:** (checks can be made out to "Cedar Run")

\_\_\_\_\_ 5K Run **\$25.00**

\_\_\_\_\_ 5K Run-Student **\$20.00**

\_\_\_\_\_ One Mile Stroll **\$10.00**

### **Waiver/Release Must Be Signed by all Participants Before Mailing:**

In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors and assignees, hereby release and discharge the Woodford Cedar Run Wildlife refuge, employees of Woodford Cedar Run Wildlife Refuge, the race director, USATF, volunteers and race sponsors of all claims, damages, demand, actions, whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. Further, I hereby grant full permission to any and all of the foregoing to use my name, photographs, videotapes, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation or remuneration.

\_\_\_\_\_  
**Signature** (parent or guardian signature if under 18)

\_\_\_\_\_  
**Date**